

Living Together

A Path Towards the **Well-being** of Teams, Organizations, and Communities.

OUR VISION

At times, leaders working on themselves move teams, companies, and communities forward. However, at other times, most of the present issues are systemic; they have nothing to do with personal psychology and belong to the field or teams/groups to process.

That is how a combination of personal coaching and team facilitation can be crucial for addressing systemic issues, finding creative solutions, and inspiring individual and collective growth. It also allows for the growth of relationships, cohesion, and resilience within teams.

WHAT WE DO

- facilitate community/group processes
- coach individuals and teams
- leadership and conflict resolution training
- research-in-action for emerging trends

We use different formats: open forum discussions, interactive dialogues, workshops, stakeholder inclusion processes, focus groups, retreats.

By facilitating team/group and community processes, we draw on physics, psychology, sociology, and anthropology, and consider both mainstream and marginal voices. We identify polarities and facilitate their interaction to uncover deeper meaning in what is happening and to gain insights into the current situation and emerging trends.

In our understanding, well-being for individuals, groups, teams, and communities emerges when we give space and include different streams of information or voices, both inside and outside teams or relationships with colleagues or clients, and facilitate conversations to complete interactions, thereby relieving working energy for greater effectiveness and results.



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"We've got overwhelmingly good feedback from students."

"Thanks for facilitating such a wonderful conversation yesterday... this helped foster a sense of community. I would like to discuss long-term collaboration with you."

PBI Co-Presidents at IHEID, Geneva 2025.